

24th Annual Developmental Disabilities: An Update for Health Professionals



March 6-7, 2025

COURSE CO-CHAIRS

Clarissa Kripke, MD, FAAFP

Clinical Professor of Family and Community Medicine
Director, Office of Developmental Primary Care
University of California San Francisco

John I. Takayama, MD, MPH

Emeritus Professor of Pediatrics
University of California San Francisco



LIVE STREAM VIRTUAL CONFERENCE

This activity is developed by a community planning and advisory committee made up of self-advocates and representatives from the following agencies: UCSF, Stanford University, The Arc San Francisco, Golden Gate Regional Center, East Bay Regional Center, State Council on Developmental Disabilities, Support for Families, WITH Foundation, San Francisco Department of Public Health, and the California Department of Developmental Services.

This activity receives support from the California Department of Developmental Services and UCSF.

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24th Annual

Developmental Disabilities: Update for Health Professionals

LIVE STREAM CONFERENCE

This unique interdisciplinary conference is created for providers who care for children, youth, and adults with developmental disabilities and complex health care needs. Whether you have never attended a conference on this topic, or make a point to attend every year, we welcome you and look forward to learning together. This year's theme is **From Recovery to Reinvention: Building for the Next Generation**. You'll hear from leaders in the field, community activists, and distinguished clinical experts. The activity will address ways to improve the quality of care provided to patients from a perspective that will benefit all members of the care team - from the physician or nurse practitioner to the social worker, psychologist, therapist, or case manager.

Featured topics this year include systems change, health equity, health care transitions, supported decision-making, evidence-based approaches to autism intervention, fetal alcohol spectrum disorder, medication shortages, assisted communication, siblings of children and adults with developmental disabilities, suicide prevention and so much more. While the conference is designed and accredited for healthcare professionals, we welcome families and individuals with developmental disabilities to also attend.

The virtual conference format will provide access to learners across the country and will offer opportunities for interaction and networking. Live lectures will be recorded and available for replay on demand after the conference, so you don't miss a moment.

Clarissa Kripke, MD and John I. Takayama, MD, MPH

Conference Co-Chairs

LEARNING OBJECTIVES

An attendee completing this course will be able to:

- Improve systems of care for people with disabilities by considering social and cultural diversity and disparities, structural bias, and implications for access to quality healthcare;
- Improve interprofessional teamwork and community collaboration to effectively address gaps in care for people with developmental disabilities;
- Describe regional and state organizations and current policies relevant to access to health and related services;
- List key tasks to assure effective health care transition from youth to adulthood, including mitigating the impact of aging out of public programs, and supporting self-determination and self-advocacy;
- Review the range of novel and evidence-based approaches to the care of patients with autism, developmental disabilities and Fetal Alcohol Spectrum Disorders;
- Describe what experience and research hold for the future of communication therapy in neurodiverse populations;
- Review ways to prevent suicide in youth and adults with autism and other developmental disabilities, and provide trauma informed care in settings where potentially scary and painful procedures might be considered;
- Explain the variety of factors that contribute to the recurrent medication shortages, i.e., stimulants for people with ADHD, and list potential steps to inform, anticipate, prevent and resolve shortages;
- Adopt practical skills to discuss participation in adaptive and parasports with children, youth and adults with disabilities and their parents/caregivers, and support the wellbeing of siblings of children, youth and adults with disabilities;
- Discuss the potential risks and benefits of using generative AI in the care of people with intellectual and/or developmental disabilities.

THURSDAY, MARCH 6, 2025

7:40 am *Course Webinar Opens*

7:50 **Welcome and Course Overview**

Clarissa Kripke, MD, FAAFP and
John I. Takayama, MD, MPH

SESSION 1: BEING THE CHANGE WE NEED

8:00 **An Update from the National Council on Disability**

Claudia L. Gordon

8:30 **Q & A**

8:40 **Recovering from the Pandemic, Moving Forward**

Aaron Carruthers, MPA

9:10 **Q & A**

9:20 **CalHHS Developmental Services Master Plan**

Amy Westling, ED

9:50 **Q & A**

10:00 *Break*

10:15 **Generation Patient: Navigating Transitions**

Sneha Dave, BA

10:45 **Q & A**

10:55 **Serving Tribal Communities: Improving Service Access and Equity**

Season Goodpasture, MS

11:25 **Q & A**

11:35 **Virtual Networking and Resource Fair**

12:05 pm *Recess for Lunch*

SESSION 2: DEEP DIVES

1:00 pm **Fetal Alcohol Spectrum Disorders**

Adiaha Spinks-Franklin, MD, MPH, FAAP

1:30 **Q & A**

1:40 **New Reports Address Barriers, Inequities, and Policy Options for Youth and Young Adults with Disabilities Aging out of Public Programs**

Peggy McManus, MHS

2:10 **Q & A**

2:20 **AASPIRE Autism Community Intervention for Suicide Prevention**

Anne V. Kirby, PhD

2:50 **Q & A**

3:00 *Break*

3:20 **Supported Decision Making 201**

Judy Mark

3:50 **Q & A**

ANNUAL SHRIVER LECTURE & AWARD

4:00 **Introduction**

4:10 **Autism Communication Center/College Bound Academy**

Edlyn Peña, PhD

4:40 **Q & A**

4:45 pm *Adjourn*

program

COURSE CHAIRS

Clarissa Kripke, MD, FAAFP

Clinical Professor of Family and Community Medicine Director, Office of Developmental Primary Care, University of California San Francisco

John I. Takayama, MD, MPH

Emeritus Professor of Pediatrics University of California San Francisco

FACULTY

Alicia Bazzano, MD, PhD, MPH

Attending Physician, Pediatrics, Johns Hopkins Suburban Hospital Attending Physician, Medstar Medical Group

Aaron Carruthers, MPA

Executive Director, CA State Council on Developmental Disabilities

Diane Cullinane, MD

Developmental Pediatrician Co-founder and Executive Director Emerita, Professional Child Development Associates (PCDA), Pasadena, CA

Sneha Dave, BA

Founder and Executive Director, Generation Patient

Yao Du, PhD, CCC-SLP

Clinical Assistant Professor, M.S. in Speech-Language Pathology USC Caruso Department of Otolaryngology-Head and Neck Surgery, University of Southern California

Mary Dubon, MD

Pediatric Rehabilitation Medicine/Pediatric Sports Medicine Associate Fellowship Director, Pediatric Rehabilitation Medicine Fellowship Boston Children's Hospital/ Spaulding Rehabilitation Hospital Associate Director, Kelley Institute for Adaptive Sports Research

Allen Friedland, MD, MACP, FAAP

Program Director, Combined Med-Peds Residency Program Section Chief, Med-Peds ChristianaCare Professor of Internal Medicine and Pediatrics Sidney Kimmel Medical College at Thomas Jefferson University

Season Goodpasture, MS

Founder and Executive Director, Acorns to Oak Trees



FRIDAY, MARCH 7, 2025

7:45 am *Course Webinar Opens*

7:50 **Welcome and Daily Overview**

Clarissa Kripke, MD, FAAFP and
John I. Takayama, MD, MPH

SESSION 3: OPTIMIZING CLINICAL OUTCOMES

8:00 **A Collaborative Approach: Enhancing the Health of Adults with Disabilities in Community Fitness Facilities**

Allen Friedland, MD, MACP, FAAP with
Terri Hancharick and John A. Jadach

8:30 **Q & A**

8:40 **Tears to Trust: De-escalating ER Care for Autism and IDD**

Alicia Bazzano, MD, PhD, MPH

9:10 **Q & A**

9:20 **Spectrum of Approaches to Autism Intervention**

Diane Cullinane, MD

9:50 **Q & A**

10:00 *Break*

10:15 **Medication Shortages for ADHD and Other Conditions**

Marta E. Wosińska, PhD

10:45 **Q & A**

10:55 **Adaptive and Parasports for Children and Youth with Physical and Developmental Disabilities**

Mary Dubon, MD

11:25 **Q & A**

11:35 **Virtual Networking and Resource Fair**

12:05 pm *Recess for Lunch*

SESSION 4: THE CUTTING EDGE

1:00 pm **Trace History of Diagnostic Label of Autism**

Eric London, MD

1:30 **Q & A**

1:40 **Supporting Immigrant Children with Special Health Care Needs**

Raul Gutierrez, MD, MPH

2:10 **Q & A**

2:20 **Sibling Support: A Catalyst for Family Empowerment**

Emily Holl, MFA, MSW

2:50 **Q & A**

3:00 *Break*

3:20 **Neuromodulation, Pharmacogenetics, and Imaging: Biological Approaches to Tailoring Therapy**

Elysa J. Marco, MD

3:50 **Q & A**

4:00 **Generative AI: Risks and Benefits for People with Intellectual and/or Developmental Disabilities**

Yao Du, PhD, CCC-SLP

4:30 **Q & A**

4:40 **Closing Remarks**

4:45 pm *Course Adjourns*



FACULTY (CONT'D)

Claudia L. Gordon

Chair, National Council on Disability

Raul Gutierrez, MD, MPH

Associate Clinical Professor of Pediatrics, UCSF

Director, UCSF Pediatric Leaders Advancing Health Equity Program

Terri Hancharick

Co-Founder, Endless Possibilities in the Community, EPIC

Emily Holl, MFA, MSW

Director, Sibling Support Project

John A. Jadach

Co-Founder, Endless Possibilities in the Community, EPIC

Anne V. Kirby, PhD

Associate Professor, Occupational & Recreational Therapies, Adjunct Associate Professor, Psychiatry University of Utah

Eric London, MD

Director, Autism Treatment Laboratory, New York State Institute for Basic Research in Developmental Disabilities; Chief Science Advisor, New York State Autism Consortium Co-Founder, National Alliance for Autism Research (NAAR)

Elysa J. Marco, MD

Pediatric Neurologist, Lifetime Neurodevelopmental Care, Inc. (LiNC)

Judy Mark

Co-founder and President, Disability Voices United

Peggy McManus, MHS

President and Co-Director The National Alliance to Advance Adolescent Health and Got Transition

Edlyn Peña, PhD

Director and Associate Professor of the Education Leadership doctoral program, Cal Lutheran Director of the Autism and Communication Center

Adiaha Spinks-Franklin, MD, MPH, FAAP

Immediate Past-President, Society of Developmental Behavioral Pediatrics Clinical Associate Professor of Pediatrics, Baylor College of Medicine; Owner, DBP Doc, PLLC, Developmental-Behavioral Pediatric Education, Consultation, & Training

Amy Westling, ED

Executive Director, CA Association of Regional Center Agencies

Marta E. Wosińska, PhD

Senior Fellow, Center on Health Policy, The Brookings Institution

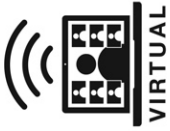
faculty

REGISTER TODAY!

For early-bird registration, visit our website at cme.ucsf.edu or call (415) 476-5808. For information, cancellations, concerns, or grievances related to the course, contact the UCSF Office of Continuing Medical Education at tiny.ucsf.edu/cmehelp or call (415) 476-5808.

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UCSF

University of California
San Francisco • Box 0742
Office of CME
490 Illinois Street, Floor 7
San Francisco, CA 94143



ACCREDITATION



In support of improving patient care, UCSF Office of CME is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians UCSF designates this live activity for a maximum of **14.00 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Nurses This course is approved for **14.00** Nurse Contact Hours as designated by the ANCC.

Psychologists This educational activity is recognized by the California Board of Psychology as meeting the continuing education requirements toward license renewal for California psychologists. Psychologists are responsible for reporting their own attendance to the California Board of Psychology. Psychologists from other states should check with their respective licensing boards.

Physician Assistants

AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME.

Social Workers and Behavioral Health Professionals:



As a Jointly Accredited Organization, UCSF Continuing Education is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive **14.00** general continuing education credits.

Social Workers must attend all sessions for credit. Partial credit is not allowed.

Physicians, Advanced Practice Providers, Social Workers, and Behavioral Health Professionals

This activity was planned by and for the healthcare team, and learners will receive **14.00** Interprofessional Continuing Education (IPCE) credits for learning and change.

cme.ucsf.edu

REGISTRATION • MOC25001
**24th Annual Developmental Disabilities:
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March 6-7, 2025 • LIVE STREAM CONFERENCE



Mail to : **UCSF Office of CME**
490 Illinois Street, Floor 7
San Francisco, CA 94143

Register online: **cme.ucsf.edu**
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or by phone at (415) 476-5808

Dr. Ms. Mr. Mrs. Mx.

LAST NAME FIRST M.I.

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Would you like to be on our priority email list? Yes No

Please indicate if you have any special needs: _____

Registration Fees:

- \$375** Practicing Physicians
(\$475 if postmarked after 1/31/25)
- \$265** Nurses, Other Health Professionals, and Trainees
(\$365 after 1/31/25)
- \$100** Community Members (no CEUs)

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Please check our website for up-to-date information on the course: **cme.ucsf.edu**

GENERAL INFORMATION

Registration for this virtual conference will be available until 12:00 pm on **Friday March 7th**. Registrants will be given instructions to access the conference platform and the electronic course materials 1 week in advance of the conference. Recordings of the talks will be available for registrants to review on demand for 30 days post-course. All course times are based on Pacific Time Zone.

Payment can be made by Visa, MasterCard, AmEx or check.

Register via:

Online: **cme.ucsf.edu**

Mail: Complete course registration form and send with payment to:
UCSF Office of CME • Box 0742
490 Illinois Street, Floor 7
San Francisco, CA 94143

Phone: To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808

REFUND POLICY

Cancellations received in writing before **February 27, 2025** will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

REQUESTS FOR ACCOMMODATIONS

UCSF Office of CME gladly welcomes attendees of all abilities, and we will provide reasonable accommodations to those with disabilities. Please include your request for accommodation on your conference registration form in the appropriate field and your request will be fulfilled or a representative will follow-up with you to seek any additional information.